

LESSON 08

DISCIPLINE

Have you seen a river?

River flows between the borders. It does not overflow on to the sides of the banks. It flows where it is supposed to flow. It behaves very well. Sometimes when it rains heavy there are floods. Then the river overflows onto the banks. By doing so the river misbehaves and it drowns fields, villages, and people in the villages. That causes lots of problems and lost of lives. When the river flows within its banks it flows in a discipline. But when the river overflows on goes wild and drowns to the farms and villages and people it is undisciplined.

When we behave correctly we are practicing discipline.
When we behave in a wrong way we are not practicing discipline.

The discipline means that you have to do everything at the correct time in a correct way.
When we follow rules we can finish what we want to do more efficiently.

Some examples of the being in discipline in our daily life are:

- 1) Waking up early and also sleeping early
- 2) Praying every morning, night and before meals
- 3) Bowing down to our elders
- 4) Studying and doing our homework at the correct time
- 5) Playing at the correct time
- 6) Putting away our books and toys in the right places
- 7) Being polite to everybody

Discipline Is A Very Big Word.